



# Senior News

**Programs & Services  
for Active Senior Adults**

***Parks & Recreation Department***

Program Registration Office: Stow City Hall  
3760 Darrow Road Stow, OH 44224

Monday-Friday 8:00am - 4:30pm

**330-689-5100**



## March - April 2019

Program Registration Begins:

Monday, February 25 at Stow City Hall

### Inside This Issue:

Upcoming Recreation Special Events	2
Sports & Fitness Programs	4
Ongoing Drop- In Programs	5
Social Services	8
Stow Sunshiner's Luncheon	8
Program Calendars	9/10
Community Bus Trips (All ages)	11
Registration / Refund Policies	12



### Serving Active Senior Adults

#### Program Information:

**Stow Parks & Recreation Department**

**Program Registration & Information**

3760 Darrow Road - Stow City Hall  
330-689-5100

#### Stow Senior Center

3968 Darrow Road 330-686-1325

#### Senior Adult Programs

Kathy McConnell, Recreation Supervisor  
kmccconnell@stow.oh.us

**[www.FunInStow.com](http://www.FunInStow.com)**



Stow Parks & Recreation Dept.  
welcomes you to jump in  
and have fun!

Senior programs are open to  
all active older adults. Some of  
our programs are drop in with  
no registration; but most  
require advance sign up.  
Don't delay many of our  
programs are quite popular  
and fill up fast.

Registration is taken at  
**Stow City Hall** Monday-Friday  
8:00am-4:00pm

If you have questions  
please call the  
Stow Parks & Recreation  
Department

330-689-5100

*Kathy McConnell*

Recreation Supervisor  
City of Stow Parks & Recreation



# Upcoming Special Events

## Spring Clean Up Outdoor Chore Service

*Stow Munroe Falls High School Student Council*  
provide assistance with outdoor cleaning for senior adults  
living in Stow or Munroe Falls.



### Program Requirements:

Stow / Munroe Falls residents only & 65+ years of age.

Work group: 3 students + adult supervisor  
for 1 hour per home.

Outdoor Service projects may include:  
Flower Bed prep/clean up / Patio furniture moved /  
Flower pots filled or general outdoor clean up



*Senior residents must provide all necessary cleaning supplies & tools;  
plus remain home during time of service. Limited number of homes completed.*

**Program Registration begins: Wednesday, March 27**

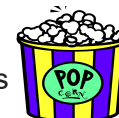
Stow Parks & Recreation Department at Stow City Hall

**Spring Clean Up Program Date: Thursday, April 25**

**Choose: Morning 9:00am-11:00am or Afternoon 12:30pm-2:30pm**

## Popcorn Movie Dinner & A Movie

Why sit home watching TV when you can view a  
recent movie + have dinner in the company of friends  
at the Stow Senior Center.



Pot Luck Dinner prepared by the Culinary Arts Students at Stow  
Munroe Falls High School

Call Stow Parks & Recreation for title of movie at registration.



**Monday, March 18 4:30pm** Fee: \$7.00

includes dinner at Stow Senior Center

Pre-Registration is required. Limited Seating

## Medicare 101

Program Partner: Ohio Senior Health  
Insurance Information Program (OSHIIP)

Sarah Florimone, a Community  
Liaison for the Ohio Department of

Insurance's OSHIIP division, will cover Medicare Part A and Part B  
benefits, the prescription drug benefit (Part D), Medicare Advantage  
plans and Medicare supplement insurance.

Ohio Senior Health Insurance Information Program representatives are  
trained by the state, and do not sell or promote any insurance  
companies, policies, or agents.

Come with your questions or simply learn the ins and outs of Medicare.

**Friday, March 22 1:00pm Stow Senior Center** No Fee

Pre-registration required Call Stow Parks & Recreation 330-689-5100



**OSHIIP**

Answers to your  
Medicare questions

# Active Senior Adult Special Events & Programs

## The Stow-Away

Program Partner: The Arbors of Stow

Back in the days of prohibition, people met in out of the way places to have a cocktail, listen to the latest music and socialize.

Come to our *Stow Away Speakeasy* where we will set the bar up for appetizers and serve a "mocktail".

Tavern attendees are also encouraged to bring their own bottle of wine or other beverage to sip & share as they listen to *vocalist Judy Brown* will entertain us with tunes of the flapper era.



*Sold Out*

**Friday, March 8 6:30pm Stow Senior Center**

Fee: \$5.00 Pre-registration required No tickets at door

## Spring Fling Dance

Program Partner: Stow Glen Retirement Village

Dance the night away or simply sit back and tap your toes to the sounds of a live band. The ever popular *Gene Fiocca Band* will delight you with the music you love for a great night out.

Appetizers & beverages will also be served  
Get your tickets early! - No Tickets sold at the door.



**Friday, April 26 6:30pm Fee: \$12.00**

**Silver Springs Lodge** Pre-registration required  
Pre-Register at Stow Parks & Recreation Department  
Limited Seating - Register Early!

## Wheel of Fortune Luncheon

Program Partner: Visiting Angels  
Living Assistance Services

This annual special event tests your puzzle solving skills! Spin the Wheel, buy a vowel or solve the puzzle. Prizes awarded to all puzzle solving contestants in our version of this popular game show! Contestants will be drawn from audience members who will compete at the Big Puzzle Board for fun & prizes!



Menu: Roasted Turkey, Mashed Potatoes with gravy,  
Green Beans, Dessert & Beverage

**Friday, May 10 at 12:00pm Fee: \$9.00**  
Silver Springs Lodge 5027 Stow Road

Limited Seating - Register Early!  
Pre-Register at Stow Parks & Recreation Department

## Breakfast Buddies

This senior group visits a local restaurant to enjoy good conversation and a tasty breakfast!

Meet the group leader at the restaurant then order & pay off menu.

Pre-registration is required  
Please Call 330-689-5100 for a seat reservation.

**Third Friday of Month 9:00am**

<b>March 15</b>	Café in Stow	Stow
<b>April 19</b>	Perkins	Hudson
<b>May 17</b>	Isaly's	Stow



## Travel Lunch Bunch

Join us as we travel out of town each month to a new restaurant. Never eat alone, worry about traffic, directions or finding a place to park!



Pay your bus fare at registration.  
Order & pay off menu day of trip.

**Departure Time Lunch: 10:30am**  
from Stow City Hall Parking Lot  
Park near center of lot

**Bus Fare: \$10 / trip Limited Seating - Register Early!**

**Twenty/20 Taphouse** North Canton  
Mon., March 11 Or Weds., March 13

**Cooper's Hawk Winery & Restaurant** Orange  
Mon., April 15 Or Weds., April 17

**Berea Depot Restaurant** Berea  
Mon., May 20 Or Weds., May 22

## Bunco Parties

Program Partner: The Landing of Stow



Bunco is a friendly dice game that is very simple to learn...

there are no decisions to be made, just pure luck and loads of fun.

The object of the game is to accumulate points as you roll the dice in certain combinations. Small prizes will be awarded for most wins, most buncos and more! Coffee, Tea & Dessert

**Friday, April 5 or Friday May 3 1:00pm**

Fee: \$5.00/date Stow Senior Center  
Limited Seating - Register Early!

Pre-Register at Stow Parks & Recreation Department





# Fitness & More Programs

On-Going Programs & Classes for Active Senior Adults

## Beginner Line Dancing



Beginner's Line Dancing is a great way to exercise, build a better memory and have an enjoyable social time. Join instructor, Nanette Wroe as she shows you "step-by-step" how to line dance in this fun class.

Learn the Electric Slide, Stray Cat Strut, Cab Driver and many more engaging beginning level dance routines.

### Weekly Drop In Classes

**Tuesdays, 3:15pm**

Stow Senior Center

\$3.00 per class paid to instructor  
(correct change please)

## Indoor Walking

Enjoy the healthy benefit of walking without the worry of weather!



Thank you to our friends at:

**Fishcreek First Church of Nazarene**  
4669 Fishcreek Road

Monday-Thursday 9:00am-11:30am



## Brain Games Puzzles & Games

Program Partners:  
Danbury Senior Living  
& The Landing of Stow

**First & Third Thursdays**  
**1:00pm** No Fee

### Drop In Stow Senior Center

Emphasis is always on Fun! Join this entertaining and thought provoking workout to maintain your brain! Those who engage in stimulating mental activities and social interaction benefit in retaining mental cognition plus enjoy a healthy outlook on life!

First Thursdays - Puzzle Play  
with Bob Pontius  
- Danbury Senior Living

Third Thursdays - Game Play  
with Susan Dietz  
- Brookdale Senior Living Solutions



## Sr. Cardio Circuit

**Tuesdays / 9:15am** Mya Burroughs

Aerobic intervals designed to burn fat are alternated with the use of weight/bands in order to sculpt and strengthen. This is a proven combination to sculpt & strengthen. Classes are designed to fit the beginner to the advanced student.



Individuals new to fitness programs are encouraged to come and observe a class at no cost.

## Seated Yoga

**Tuesdays 10:15 am** Mya Burroughs

Yoga exercises while seated in chair - no floor work.

Increase strength and flexibility.

Senior Fitness Classes Held at  
Stow Senior Center

### Sr. Fitness Class Fees:

*Silver Sneakers Members may participate at No Cost w/ Health Card*  
*Non-Silver Sneakers members may purchase a punch card \$10 for 5 classes*

## Senior Yoga Stretch

**Thursdays 9:15am** Jen Caldwell

Yoga like exercises to increase your mobility, strength and balance. Exercise while seated or standing near chair - no floor work.

## Strength & Tone

**Thursdays 10:15am** Jen Caldwell

Use of small hand weights & tubing as you work out to music. Designed to promote muscle strength, increase flexibility, balance & range of motion both seated or standing.

All exercise classes are very friendly and social.

## Spring Flower Arrangement Workshop

Nothing says Spring more than the beauty of flowers. Join instructor, Helen Grannetino as she shows you step-by-step how to assemble a lovely spring arrangement of fresh cut flowers. All materials will be provided.

Take home your handiwork to give as a gift or keep for yourself!

**Monday, April 8 1:00pm** Fee: \$14.00

Limited seating Stow Senior Center

Pre-registration is required at Stow Parks & Recreation Department (City Hall)



## AARP Driver Safety Program



Cars have changed. So have traffic rules, driving conditions and the roads you travel every day. Learn techniques on how you can safely operate your vehicle in an increasingly challenging environment.

Plus many insurance companies will give a discount with completion of course. *Video instruction & discussion only.* Pre-Register Limited Seating

**Friday, May 24 9:00am-1:00pm** Stow Senior Center

**Fee: AARP members \$15 Non-Members \$20** Pay with Check to AARP at Class  
Payment at class with Check to AARP Call Stow Parks & Recreation to register

# Recreation Programs & Health Services

On-Going Programs & Classes for Active Senior Adults

## Senior Bowling

League Play

Thursdays 9:30am



Sto Kent Entertainment Center

3870 Fishcreek Rd Stow

330-673-1718

Fee: \$8.00 / 3 games

New Players & Subs Welcome

League Coordinator: Jack Garner

Subs Are Always Welcome!

## Senior Bingo

at Stow Senior Center



Second & Fourth Thursdays

of each month Games begin at 1 pm

\$1 / (3 card) packet for all 10 games

All money taken in is  
paid out as prizes

Digital Board displays past numbers

Window Slide Bingo cards provided

## Foot & Nail Care

Everyday Divinity Foot Care

Mon., March 4 & Mon., April 8

9:00am-1:00pm by appointment only



Toenail trimming & filing  
+ callus reduction performed  
by a Certified Foot Care Nurse.  
An assessment of the lower legs  
& feet will be done as well.

Individual Foot Care Sessions  
are \$30.00 check or cash only.

Please call: Jen Vanek, RN BSN,  
CFCN, owner/operator of EDNEO, LLC  
to schedule an appointment call:  
(216) 956-0293

Home visits are also available.

## Dominoes

Mexican Train



Come learn to play.

Enjoy good company!

Second & Fourth Tuesdays

of each month 12:30 pm

Drop In / No Fee



## Mah Jongg

First & Third Tuesdays

Game play start: 12:30pm

Stow Senior Center

Drop in play for individuals  
familiar with the game. - No Fee

## Senior Cards Wednesdays 11:00am - 4:00pm

Euchre / Crown 5 / 500 / Spite & Malice / Poker  
Phase 10 / Pinochle & more!



Stow Senior Center

Open to all Senior Adults

A variety of card games are played. Drop in - No registration required.

## Health Screenings

Sponsored by Our Friends at: Stow  
Glen Retirement Village

No Appointment Required - No Fee

at Stow Senior Center

Second Thursday of each month

12:00pm - 1:00pm



Blood Pressure & Glucose Screens

Finger stick - No fasting required.

## Stow Blanketeers

A volunteer group which creates  
& donates blankets to local  
charities. Open to all who enjoy  
knitting, sewing or crocheting or  
those who would like to learn!

Donations of Yarn appreciated!

Contact: Margrit 330-677-5511

Oregon Trails Lodge

2913 Graham Rd

Second & Fourth Wednesdays

1:00 pm - 3:30pm



## Hearing Health



Ascent Audiology & Hearing

April 15 10:00am - 12:00pm

by appointment

at Stow Senior Center

Christopher Witten AuD, CCC-A,  
a local licensed audiologist, will  
meet with you individually for  
questions and screen you for  
any hearing related concerns.  
Plus if needed, removal of wax  
build up and inspection and  
cleaning of hearing aids.

No Fee - Appointment required

by calling: Ascent Audiology  
330-688-1172

## Chair Massage

with Sue Petrof, LMT  
Licensed Massage Therapist

Massage is credited with  
reducing pain and allowing  
deep relaxation.

A chair massage focuses  
on the neck, shoulders  
and back only  
while fully clothed.

Make an appointment  
\$15 for a 15 minute  
chair massage

No need to kneel on knees.



Second Friday of Month:

(March 8 & April 12)

mornings by Appt.

at the Stow Senior Center

For Appointments Call:

Sue Petrof, LMT 330-414-8882



## Stow Munroe Falls High School Musical : *Beauty & the Beast*

A Free Senior Citizen Performance

A young prince falls under the spell of a wicked enchantress, who turns him into the hideous Beast until he learns to love and be loved in return. The spirited, headstrong village girl Belle attempts to draw the cold-hearted Beast out of his isolation.

Stow Munroe Falls High School Auditorium  
**Friday, April 26 9:30am** No Fee / No Registration

### Stow Senior Citizen Commission



Members appointed by the Mayor, advise the city administration on concerns or issues that affect the everyday lives of Stow senior citizens.

**Next Meeting: Stow Senior Center  
Tues, May 21 7:00pm**

Tammy Denton, Chairperson

If you have an issue / idea on city policies, practices or infrastructure that you feel would benefit the lives of senior adults.  
seniorcommission@stow.oh.us

### Care & Share



A volunteer craft group who assist local organizations through the creation of stuffed dolls and other handicrafts.

New material donations accepted

Meet the Last Monday of the following months:

January - April  
August - October  
1:00 pm - 3:00pm

Stow Senior Center  
3968 Darrow Road

### Senior Services Assistance Ask a Social Worker



Many individuals and families struggle with questions about social service needs or concerns due to lifestyle changes as they age.

The Stow Senior Center partners with **Altercare Western Reserve** to provide access to a licensed Social Worker to answer your concerns or direct you to available local or county services.

**Questions on:** In Home Services / Medicare / Home Delivered Meals / Respite/Hospice Care / Utility Assistance & other topics of concern.

Contact: Randi Kassan

**Alter Care Western Reserve** (Stow)  
234-284-7999

### Notary Services

No Appointment Required - No Fee

**Monday - Friday 8:00am - 4:00pm  
at Stow City Hall**

Bring all documents & a legal form of identification to have your documents notarized.



**The Stow Sunshiners** are an active social group of senior adults

who invite you to become a member of their group. Enjoy a monthly catered luncheon with entertainment and good fellowship! Stow Sunshiner's President: Diane Dias

**Monthly Luncheon** is held the 1st Monday of Month (\*Holiday, 2nd Mon.)

at Cedar Hall of the Stow Glen Retirement Village 4285 Kent Road Stow (Parking Cedar Hall & Birch Hall areas)

Sunshiner Membership Information: Must be a resident of Stow or a contiguous city & have attended two luncheons.

Pay Annual Membership fee of \$5.00 Member Fee is used for Monthly Luncheon speakers & entertainment.

#### Stow Sunshiner Membership & Luncheon Reservations/Ticket Information:

Pre-reservation with payment is required Luncheon COST: \$8.00 to Stow Sunshiners

**Mail payment to:** 4836 Algonquin Trail, Stow 44224 c/o Marlene Holderman 330-686-1632



#### Monday, March 4 - 12:00pm

Menu: Corned Beef w/ carrots & Cabbage, Whole Irish Potatoes, Green Beans, Sour Dough Bread, Dessert & Beverage

Entertainment: Music by Dave Umana

#### Monday, April 1 - 12:00pm

Menu: Oven Fried Chicken, Mashed Potatoes with gravy, Baked Biscuit, Creamy Coleslaw, Dessert & Beverage

Speaker: Romona Robinson "Dirt Road to Somewhere"

Birthday Wishes: If you wish to be eligible for a Birthday gift at the Stow Sunshiners' Monthly Luncheon

- Follow these steps - \* Sunshiner Membership dues are currently paid. \$5.00 yearly membership fee

\* Place Your Name at the bottom of the previous month's attendance sheet or

\* Call: John Gretsinger 330-688-0052 the Month Prior to Your Birthday month. **\*No reservations** accepted luncheon day.

#### Thank You to our Sunshiner Luncheon Birthday Gift Sponsors:

- Baumann's Florist
- Bellacino's
- Café in Stow
- Dairy Queen Fishcreek
- Dairy Queen - Portage Trail
- Isaly's II
- Oregon Corners Florist
- Rockne's - Stow
- Silver Lake Florist
- Stow Cone
- Stow-Glen Retirement Village
- 2 Girls Café & Bakery

### Sunshine Lady






The Stow SUNSHINERS want to cheer, lend comfort & support to other Sunshiner members in need. Please contact Ellie Smith 330-688-7938 to inform her when a Stow Sunshiner member is ill or has suffered a loss.

# Stow Seniors Activity Calendar

Stow Parks & Recreation Department 330-689-5100

## March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 12pm Sunshiner Luncheon @ Stow Glen Retirement Village  Foot Care Appointments	5 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg  3:15pm Line Dancing	6  11:00am Cards	7 9:00am Bus: Severance 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 12pm Health Screens 1:00pm Brain Games	8 Chair Massage Appointments  6:30pm <i>The Stowaway Speakeasy</i>	9
10	11 10:30am Lunch Bunch	12 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes 3:15pm Line Dancing	13 10:30am Lunch Bunch  11:00am Cards 1:00pm Blanketeers	14 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Bingo	15 9:00am  Bfast Buddies	16
17 	18 4:30pm  Popcorn Movie	19 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg 3:15pm Line Dancing	20 8:00am Bus: Grocery Bag  11:00am Cards	21 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Brain Games  8:00pm Stow Players	22 1:00pm Medicare 101	23
24 5:30pm Bus Choir of Man	25 1:00pm Care & Share Volunteers	26 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes  3:15pm Line Dancing	27 Sign up Spring Clean 11:00am Cards  1:00pm Blanketeers	28 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Bingo	29	30
31						

Most Programs are held at Stow Senior Center at 3968 Darrow Road

- Program Registrations are taken at Stow City Hall - Stow Parks & Recreation Department 3760 Darrow Road

\*SSL = Silver Springs Lodge 5027 Stow Rd

\*Bus Trips & Lunch Bunch Depart: Stow City Hall 3760 Darrow Rd

\*OT = Oregon Trails 2913 Graham Rd

\*HB = Heritage Barn 5238 Young Rd

\*SGRV = Stow Glen Retirement Village 4285 Kent Rd




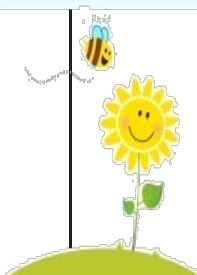
\*SKB = Sto-Kent \*SKB Stow Kent Entertainment Bowling Lanes Fishcreek Rd



# Stow Seniors Activity Calendar

Stow Parks & Recreation Department 330-689-5100

## April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 12:00pm Sunshiner Lunch @ Stow Glen Retirement Village  Foot Care Appointments	<b>2</b> 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg  3:15pm Line Dancing	<b>3</b> 11:00am Cards	<b>4</b> 8:30am Bus: Root Candle Tour 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength	<b>5</b>  1:00pm Bunco Party	<b>6</b> 
<b>7</b>	<b>8</b>  1:00pm Flower Arranging Workshop	<b>9</b> 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes  3:15pm Line Dancing	<b>10</b> 9:00am Trip: Youngstown  11:00am Cards 1:00pm Blanketeers @OT	<b>11</b> 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 12pm Health Screens  1:00pm Bingo	<b>12</b> Chair Massage Apptointments	<b>13</b>
<b>14</b>	<b>15</b> 10:30am Lunch Bunch  Hearing Health Appts	<b>16</b> 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Mah Jongg  3:15pm Line Dancing	<b>17</b> 10:30am Lunch Bunch  11:00am Cards	<b>18</b> 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength  1:00pm Brain Games	<b>19</b>  9:00am Bfast Buddies	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b> 9:15am Cardio Fit 10:15am Sr Yoga 12:30pm Dominoes  3:15pm Line Dancing	<b>24</b> 11:00am Cards  1:00pm Blanketeers @OT	<b>25</b> Spring Clean Up  9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength  1:00pm Bingo	<b>26</b> 9:30am High School Musical  6:30pm Spring Fling Dance @ SSL	<b>27</b>
<b>28</b>	<b>29</b> 1:00pm Care & Share Volunteers	<b>30</b> 9:15am Cardio Fit 10:15am Sr Yoga  3:15pm Line Dancing				

Most Programs are held at Stow Senior Center at 3968 Darrow Road

- Program Registrations are taken at Stow City Hall - Stow Parks & Recreation Department 3760 Darrow Road

\*SSL = Silver Springs Lodge 5027 Stow Rd

\*Bus Trips & Lunch Bunch Depart: Stow City Hall 3760 Darrow Rd

\*OT = Oregon Trails 2913 Graham Rd

\*HB = Heritage Barn 5238 Young Rd

\*SGRV = Stow Glen Retirement Village 4285 Kent Rd

\*SKB = Stow Kent Entertainment Bowling Lanes Fishcreek Rd





## Architectural Tour Severance Hall

Cleveland



Home to the Cleveland Orchestra; but also one of the most beautiful concert halls in the world! A docent led tour of this building to view a vibrant combination of design styles that are truly stunning. (walking/ stairs) + a Lunch stop in Cleveland (additional)

**Date:** Thurs., March 7 **Fee** \$23.00  
**Depart:** 9:00am **Return:** 2:00pm

## Root Candle Factory Tour

Medina



Amos Ives Root was inspired by a swarm of bees that landed on his window to begin his very first business - beekeeping. Many refer to Root Candles as simply "America's Best Candle. Tour the factory floor to see candles made up close. Discount given at gift shop.

*Wear rubber soled shoes.*

Lunch stop at Dominic's Italian Restaurant. (additional)

**Date:** Thurs., April 4 **Fee** \$21.00  
**Depart:** 8:30am **Return:** 5:00pm

## Youngstown History: Arms Mansion & Tyler History Center



Tour this beautiful Arts & Crafts style home built in 1905 by the Arms family. Olive Arms, matron of the home, designed much of the home's interior and decorative furnishings. Lunch stop at Cassese's Italian Restaurant (additional). Last stop at the Tyler History Center with memories of Idora Lake Park, Gangsters and the Good Humor Bar.

**Date:** Wednesday, April 10 **Fee** \$23.00 **Depart:** 9:00am **Return:** 4:00pm

## Program / Refund Policy: Stow Parks & Recreation Department

Bus Trips are open to all ages.

Children under 18 must be accompanied by an adult.

Pre-registration is required & full payment is due upon registration. No Holds

No credits or refunds are issued within 7 days of a program or trip due to change in personal schedule, illness or schedule conflict.

Refund requests may be granted if made in writing at least seven days prior to a trip or program only if no expenses/ticket purchases have occurred.

A \$5 processing fee is applied to all refunds made seven days prior to program.

Individuals may always find a replacement for their reservation if unable to attend - Please inform the office of name change.

A full refund is given if the Stow Parks & Recreation Department must cancel a trip due to low enrollment or unforeseen circumstances.

Special Assistance: Please let us know at registration if wheelchair seating is required.

Bus departs - Stow City Hall 3760 Darrow Road unless otherwise noted.

Return times are approximate, please allow for additional time.

Trips include transportation and admissions (meals are not included unless noted).

## Mystery Grocery Bag Tour

Here & There



This trip is a mystery tour of all things good to eat! Lots of Shop Stops for you to fill your grocery bag with tasty treats. We will stop at a number of places with a gift item at each plus lots of time to look around and purchase goodies for you to take home. Bring a cooler if you like! We will also stop at an area restaurant for lunch. (additional)

**Date:** Weds., March 20 **Fee** \$29.00  
**Depart:** 8:00am **Return:** 5:00pm



## Million Dollar Quartet

Hanna Theatre  
Cleveland

Carl Perkins, Johnny Cash, Elvis Presley and Jerry Lee Lewis found themselves in a Memphis recording studio. Step back and enjoy the powerhouse performances that resulted from this historic jam session.

**Date:** Wed., May 8 **Fee** \$34.00  
**Depart:** 12:00pm **Return:** 5:00pm

## The Choir of Man

Cleveland  
Playhouse Square



The ultimate feel good show! Set in a working pub; nine guys show off amazing harmonies, live percussion and foot stomping choreography. The best singing, dancing stomping pub crawl you will ever attend!

**Date:** Sun. March 24 **Fee** \$54.00  
**Depart:** 5:30pm **Return:** 9:30pm

## Bronx Tale

Playhouse Square  
Cleveland

A coming of age story of an Italian-American boy, Calogero Anello, who, after encountering a local Mafia boss, is torn between the temptations of organized crime and the values of his honest, hardworking father.

Set in the 1960's New York borough of the Bronx a timeless tale of good versus evil.

**Date:** Sun., May 12 **Fee** \$73.00  
**Depart:** 11:30am **Return:** 4:30pm

## Porthouse Theatre

Summer Musical Theatre



## All Porthouse Trips

**Depart:** 1:00pm **Return:** 4:30pm  
**Fee:** \$29.00 / production

## Man of La Mancha

Sun., June 23

Powerful, hilarious & heartbreaking a story of Don Quixote & Sancho Panza.

## Tintypes

Sun., July 14

A collection of Americana Music. Songs of days gone that you know by heart.

## The Music Man

Sun., August 4

Funny and romantic, the story of Harold Hill the fast talking salesman who tries to cheat the folks of River City



**Stow Senior Adult Programs**  
**March - April 2019**  
**Stow Parks & Recreation Department**  
**3760 Darrow Road Stow, OH 44224**  
**330-689-5100**  
**Website: [www.FunInStow.com](http://www.FunInStow.com)**

PRE-SORTED  
 STANDARD  
 U.S. POSTAGE  
 PAID  
 CUYAHOGA FALLS, OH  
 PERMIT NO. 501

**Return Service Requested**

**Dated Material**

## Stow Senior Center

3968 Darrow Road (330) 686-1325

\*Facility is open only during scheduled senior programs.

\*Program Registrations are taken at:



## Stow Parks & Recreation

3760 Darrow Road (Stow City Hall)

Monday-Friday 8:00am - 4:00pm

Program Info: 330-689-5100

**Stow Senior Programs** are coordinated by the Stow Parks & Recreation Department and are open to active Senior Adults 55+ Pick a program that interests you & jump in!



Call Stow Parks & Recreation Department at: 330-689-5100 to be added to the **Stow Senior Newsletter** mailing list.

Additional program flyers and bus trips are posted on the **Stow Parks & Recreation website at: [www.FunInStow.com](http://www.FunInStow.com)** Look under: Senior Adult Programs

## Upcoming Programs...

**Wheel Of Fortune Luncheon** pg. 3



**Medicare 101** pg. 2



**Spring Clean Up** pg. 2

## Program Cancellations



Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees.

If you must cancel your registration due to any reason including illness, appointments or change of personal plans...

If requested in writing at least 7 days prior to the program you will be granted a full credit (only if no tickets/supplies have yet been purchased) or a refund by check less a \$5 processing fee.

Any cancellations within 7 days of the activity Do Not receive credit or refund. You may always allow someone to take your place in the program.